West Nile Virus
Safety and Prevention

West Nile virus (WNV) is the leading cause of mosquito-borne disease in the US. It is most commonly spread to people by the bite of an infected mosquito.

Most people (8 out of 10) infected with West Nile virus do not develop any symptoms.

About 1 in 5 people who are infected develop a fever with other symptoms such as headache, body aches, joint pains, vomiting, diarrhea, or rash.

1. Use insect repellent
   EPA-registered insect repellents are proven safe and effective. Always follow label instructions.

2. For Babies and Children
   Dress your child in clothing that covers arms and legs. Cover strollers and baby carriers with mosquito netting.

3. When Applying Insect Repellent
   Do not spray on the skin under clothing. If you are also using sunscreen, apply sunscreen first and insect repellent second.

4. Control Mosquitoes Indoors & Outdoors
   Use screens on windows and doors. Stop mosquitoes from laying eggs in or near water. Once a week, turn over, cover, or throw out items that hold water (tires, buckets, planters, toys, pools, birdbaths, flowerpots, or trash containers.)

www.cdc.gov/westnile/prevention